



SPIRIT

OF LASCOLINAS

Bi-Monthly Newsletter of LAS COLINAS ASSOCIATION

DECEMBER 2016

FORTUNE 500 COMPANIES HAVE A STRONG PRESENCE

More than 2,000 companies reside in Las Colinas including 44 Fortune 500 companies. Of those 44 business, 5 (Commercial Metals, ExxonMobil, Fluor, Kimberly-Clark and Celanese) have thoughtfully placed their Global headquarters here. This is important to know because residing within Las Colinas are a variety of many successful major players in business.

The companies, public and private, are ranked by their total revenue (after taxes) in an exclusive list that is released around June annually. There are actually two more lists; Fortune 100 and Fortune 1000 but typically, only the first 500 are referred to. The list was created by an editor at Fortune Magazine in the mid 50's to showcase and rank high revenue companies. Fortune 500 companies represent two-thirds of the U.S. Gross Domestic Product (GDP) which is why many professionals use the list to predict trends in business and economics as the list is representative of changes across industries. Historically, the list was derived from

manufacturing, mining and energy industries but eventually grew to include other industries.

As of October 2016, at the top, ExxonMobil ranks number 2 with a \$246 billion in revenues. Kimberly-Clark ranks 151 with \$18 billion in revenues, following closely, Fluor ranks 155 with \$18 billion in revenues. Commercial Metals came in at 417 with \$6 billion in revenues and not too far behind, Celanese placed at 453 with \$5 billion in revenues.



The corporate headquarters of Commercial Metals Company located on North MacArthur Blvd.

The Oil and Gas industry giant, Exxon Mobil and manufacturer of paper-products Kimberly-Clark, have been on the Fortune list for 22 years. Fluor is an engineering and construction company and has placed on the list for 15 years. Commercial Metals manufactures steel and metal products and has been on the list for 12 years. Lastly the 11 year veteran company, Celanese is a chemical and specialty material company. Las Colinas is the prime location for these companies because of its proximity to the DFW airport, accessible workforce and office space availability.

Community staple Le Peep celebrates 30 years in Las Colinas

In 1986, Le Peep set up shop at 4835 N. O'Connor Road, bringing delicious breakfast and lunch items, in addition to friendly service to the community of Las Colinas.

Owner Kelly Miller says that Le Peep chose to put down roots in Las Colinas because it's a "promising and growing area".

Le Peep "loves being a part of the



community" and Miller believes "great things are happening in and around the area!"

Le Peep has watched generation after generation enter their doors and many guests can even recall when the restaurant first opened.

Happy 30th Anniversary to Le Peep and here's looking forward to the next 30 years to come!



Canadian geese are visting Las Colinas en route to their warmer destination.

LAS COLINAS ASSOCIATION NEWS

The Las Colinas Association reindeer formerly seen on Island Greens (114 interchange at O'Connor) during the holidays can be found at the LCA building on Teleport Blvd.

Just a reminder that assessments are not due during the first of the year but due in July each year and invoices are mailed in May.

A unique quality of our urban/suburban community are the beautiful water and nature areas that are home to all sorts of vibrant wildlife. Sometimes, our lives collide with the local wildlife. We strongly discourage feeding the wildlife, specifically the geese and ducks. The Humane Society says that humans should not feed wild animals because:

- 1) Human food is not good for animals, 2) feeding wild animals (like geese and coyotes) make the animals lose their natural fear of humans which results in potentially dangerous animals becoming too comfortable in residential or recreational areas-this can lead to them becoming a nuisance. Additionally,
- 3) feeding animals from or near vehicles is dangerous to animals, people and property because animals may get hit by moving vehicles. Lastly and most importantly,
- 4) feral animals who depend on humans for food can cause injury and spread diseases which can be spread to humans and their pets.

Las Colinas has a large population of geese. Geese are territorial and can get aggressive with passers-by. Geese naturally have defensive nesting behaviors so if a goose is displaying aggressive behavior, more than likely there is a nest nearby (The Toronto Wildlife Centre). Moreover, Texas Parks and Wildlife(TPW) state that "All wild birds that migrate through or are indigenous to Texas, along with their plumage or other parts, eggs, nests and young are protected from harming, killing and/or possession by state and federal law except that European starlings, English sparrows, and feral pigeons may be killed at any time and their nests and eggs may be destroyed. "No birds may be controlled by any means considered illegal by local city or county ordinance", TPW states.

CONSTRUCTION

Irving Music Factory is slotted to open in August of 2017. For more information, check out: musicfactory.com.

Water Street, the mixed-use development in the Urban Center is still on track. Visit retailstreetadvisors.com for updates.

LOOKING AHEAD

Las Colinas Association will be closed Friday, December 23, and Monday, December 26th for Christmas Holiday. We will close at noon on Friday, December 30th thru January 3rd for the New Year.

CITY

Just a reminder that you must purchase a permit from the City of Irving Inspections Department if you plan to erect or display Christmas decorations on or across public property. The building must also meet electrical code requirements for the City of Irving. Christmas decorations may not interfere with visibility of traffic signs or signals.

Commercial Property of the Month

Waterway Tower
433 Las Colinas Blvd.
13 Floors
Built in 1982
Renovated in 2012



AFTER 5 IN LC

If you are looking for a place to wait out rush hour traffic or quickly meet up with a colleague for a drink, you should check out the WXYZ bar inside Aloft Hotel at Las Colinas. With comfy large couches, vibrant pillows and intimate spaces, this bar feels less like a traditional hotel bar and more like an eclectic upscale cocktail lounge.

The WXYZ bar caters to Aloft guests, Las Colinas visitors, business associates, the tech crowd and young professionals. Aside from pinots and other wines, they offer specialty drinks like the Elyx Coppertini; a martini base of Absolute Elyx Vodka and bitters with fresh lemon juice and cranberry juice. This happy hour lounge has a food menu, of course, complete with items: Short Rib Sliders, Big "D" burgers, hummus, pizza and artichoke dip. Upcoming cooler weather will make the WXYZ bar's fire pit on the patio nice and warm but they do have a fireplace inside if it is too cold outside. For the sporting type, there is a pool table that would make for some great games of 8 ball or mad pool trick shots.

Additionally, the inside lobby can accommodate up to 75 people while the patio can hold up to 30 people.

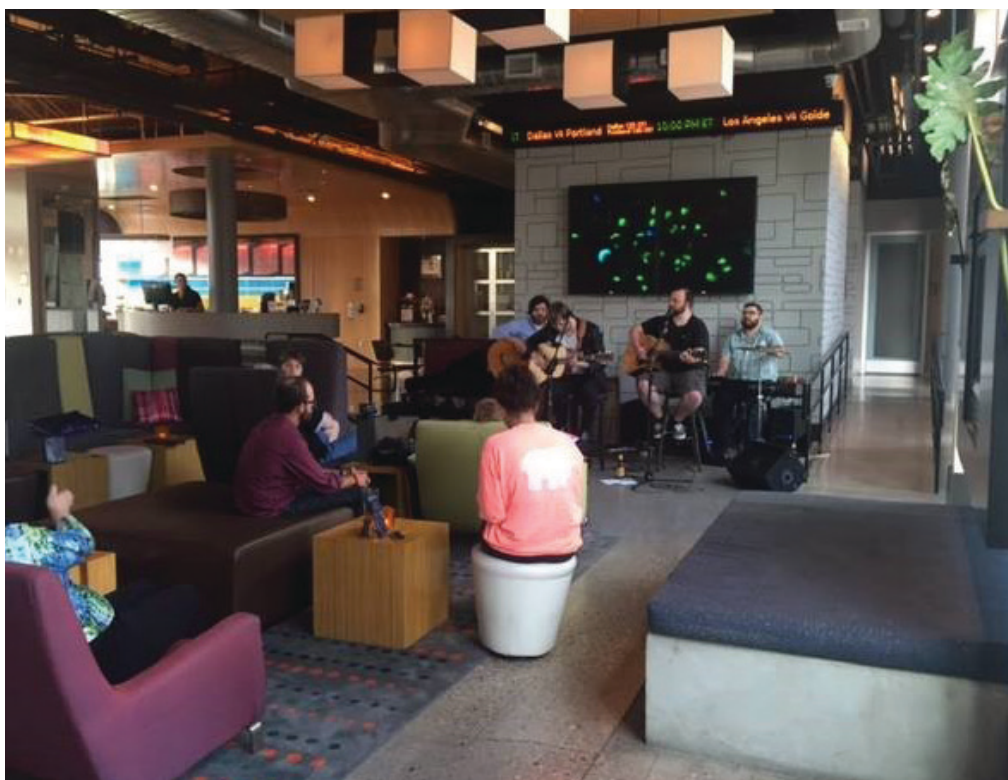
WHAT YOU SHOULD ORDER:

The top selling beverage is the Whiskey Buck and General Manager, Mary Ukpong recommends the Elyx Coppertini.

HAPPY HOUR INFO:

Mondays-Fridays, 7pm-8pm. The WXYZ bar at Aloft Hotel is located at 122 East John Carpenter Freeway Irving, Texas 75062.

After 5 in LC seeks to inform local business professionals on happy hour hotspots in Las Colinas. Where do you and your colleagues go to unwind after work? Please email Amanda S. Cline at acline@lascolinas.org.



Live music at the WXYZ Bar in Aloft Hotel.



EVENTS

The Irving Annual Holiday Extravaganza will take place Saturday, December 3, 2016 from 4pm to 6:30pm at City Hall. This event includes a parade, a stage show, free chocolate, an appearance from Santa, along with lighting the city holiday tree and fireworks. For more information, go to <http://www.cityofirving.org/1327/Holiday-Extravaganza>.

There will be a Martin Luther King, Jr. Observance at the Irving Arts Center, Sunday, January 15, 2017 at 6:00pm. This event is free and celebrates the life and achievements of Dr. King. For more information, check out <http://www.cityofirving.org/1403/Martin-Luther-King-Jr-Observance>.

Zestfest will be held on January 27-29th at the Irving Convention Center on Las Colinas Blvd. The event features some of the hottest exhibitors showcasing spicy goods from around the world for your gustatory pleasure. Enjoy three days of celebrity cooking demonstrations, food competitions and live entertainment, or participate in the wing or jalapeno eating contests.

From 10:00am to 2:00pm on Saturday, January 28th, the Irving family event Frost Fest will be held in Cimarron Trail. Frost Fest is free and will feature a snow tubing hill, petting zoo, train rides and much more. Check out <http://www.cityofirving.org/2956/Frost-Fest> for details.



NEW COMPANY OFFERS HOLIDAY DECORATING

The Décor Group is new to Las Colinas and has three different décor businesses: Christmas Décor, Barcana and Nighttime Décor. Nighttime Décor provides outdoor lighting for businesses and homes, Barcana is their line of decorations for retailers, storefronts and LED lit decorated crown molding. Christmas Décor is an exclusive holiday decorating service that includes design, installation, maintenance and timely post-season removal. Michelle Flinn, Marketing Coordinator, says "We come in and offer a full service with the franchise system to completely change your home for the holidays and you don't have to put in any effort; it's really convenient for people who don't want to spend the time or physically can't do it."

Holiday lighting installation takes about ½ day for typical residential installation. "We do about 55,000 properties a year", says Brandon Stephens, President of The

Décor Group. The company strives to make their services affordable and options are endless, whether you want to "wrap the house Griswald style" or just light up your windows and bushes.

Aside from being a distribution facility, the building at 2301 Crown Court has an impressive showroom open to the public that houses lit up wreaths, Christmas ornaments, giant holiday decorations and even Santa's Chair.

Las Colinas was a perfect location for The Décor Group because they "gained a day back for every body's shipping". The area's accessibility to airports, access to 6 ½ million people and diverse economy were also huge motivators in the company's decision to move its operations here.

[For more information on The Décor Group call 806-722-1225 or go to: http://www.thedecorgroup.com/.](http://www.thedecorgroup.com/)

Covenant Chat with Brad Demarco

The people of Las Colinas take great pride in their community and their personal property. Standards and security are what make Las Colinas beautiful, valuable and safe. Violations are noticed by Covenant Enforcement Staff who routinely drive the area. The deed restrictions require owners and occupants to keep their property in a "well-maintained, safe, clean, and attractive condition at all times".

Once a concern is received or noted by staff, that property owner is then notified and expected to resolve the issue. We then work together to establish a timeline for completion of compliance and this process may take some time to resolve.

Covenant Enforcement Staff cannot label a property "compliant" if the property does not comply with the deed restrictions. If the time limit identified in a notice for compliance has passed and the owner has not sought to maintain their property, the issue is escalated to management and/or legal counsel.

While legal action is not ideal, and certainly not the direction we want to take, it is sometimes necessary in order to obtain compliance.

We all have a responsibility to each other as neighbors in a deed restricted community to maintain our property.

Our goal is to enforce the covenants and keep Las Colinas well-maintained, safe, clean, attractive and ultimately, to protect your investments. Thank you for keeping Las Colinas beautiful. We appreciate your efforts.

CHRISTMAS TREE DISPOSAL LOCATIONS

Residents can dispose of their Christmas tree during Irving's annual Christmas Tree Roundup. For information, please call (972) 721-8059 or go to <http://cityofirving.org/599/Holiday-Happenings>

Cottonwood Park 4051 N. Story Road Irving, TX 75038	Southwest Park 2800 W. Shady Grove Road Irving, TX 75060	Hunter Ferrell Landfill 220 W. Hunter Ferrell Road Irving, TX 75060	Las Colinas Service Center 5964 Riverside Dr Irving, TX 75038
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THE TASTE

By Amanda Star Cline

I spent my lunch hour at a little known home-style restaurant at 2200 West Walnut Hill. If you are not looking for it, you will miss. The restaurant is nestled in a small shopping plaza next door to an Italian place. But believe me, you will experience a heavy dose of FOMO (Fear of Missing Out) if you don't check out "Southern Recipe". This restaurant will satisfy that country/Tex-Mex hankering that you've had but been unable to take care of at other places.

First, let me define "home-style" for you. A few yelp reviewers have called the food bland and unimpressive. Home-Style food is defined as simple, unpretentious and evoking the comforts of home. Home-style is essentially "Mom's food", the meat and potatoes of the culinary world. This place offers "Mom's food" and serves up southern country (chicken fried steak, meatloaf etc) and Tex-Mex (enchiladas, fajitas, carne asade and other mexican dishes). In Texas, especially West Texas, it is not unusual AT ALL to have a place that serves both Tex-Mex and country food.

Now that we've established what home-style food is, let's discuss what it is not. Home-style food is not fancy tapas portions nor has steakhouse prices. It won't have over-the-top flavor, and it will not be exotic. Americanized mexican food is meant to be more bland than traditional Mexican food; that is why it is called Tex-Mex. Tex-Mex is from the Tejanos culture in Texas. Anyway, for some of us, Tex-Mex food is "down home" or country food, especially if you're a west Texan like myself.

Okay, now let's talk about my meal. I ordered chicken fried steak (huge, wonderful portion) and I also got mashed potatoes with gravy, mac and cheese and okra. It was exactly what I was looking for. Gravy smothered crispy yummy chicken fry (that's



what I call it), the mashed taters were creamy and hot, okra was crispy and the mac and cheese took care of my craving. I also got complimentary chips and salsa. The salsa rated in the top four best of salsas, in my book, that I ever have had. Yes, it was warm which is common in Tex-Mex, but it was fresh. I ended my meal with sopapillas, and they had just the right amount of cinnamon and sugar. Again, it was what I wanted and asked for. It made me happy!

Service was quick, and I was seated quickly after arriving at 11:30am. They were short-staffed so we were attended to, but not overly so, like what you might find at another restaurant.

Someone mentioned the ambience of the restaurant, saying it needs to be updated. Just like your best friend's memaw and pawpa, who live out in the country, they don't fix something unless its broken. Do you replace a piece of furniture or your vehicle when it gets a little tear in the cushion? No. I believe this adds to the homey or home-style appeal of this place.

In addition to their Tex-Mex and country food, it has an amazing breakfast selection. I plan to come back for breakfast or a Sunday brunch.

The Taste is a section where I try local restaurants so you know where to go for great experiences and great food!

Pesky Pests: Ants

Fire ants bring their mounds above ground during the rainy days of spring and fall. These mounds can be built anywhere, out in the open, next to buildings, trees, sidewalks or even electrical boxes. Even if a fire ant mound is not visible, it can still be underground.

The Las Colinas Association implements a two-step method,

baiting and individual mound treatment, for controlling ant populations in open spaces, parks and medians.

Twice a year, broadcast applications are baited that aid in prevention above ground mounds.

Secondly, individual above ground ant mounds are targeted and treated with a contact insecticide.

Both treatment applications are environmentally-safe because they contain a small amount of active ingredients.

While there is no cure-all in fire ant management, a proactive approach in a timely manner can help control ant populations and mounds.



WHAT'S HAPPENING IN ARCHITECTURAL CONTROL

From January 1, 2016 – October 31, 2016 We received 1426 Submissions
 Highest Month was June – We received 165 Submissions

Have you ever wondered if there was anything that did not need to be reviewed by ACC? Here are two of the most common:

- Re-Staining your fence the same color
- Painting your exterior, the same color

* These actions do not need approval because the appearance of the fence or exterior is remaining the same as originally approved.



BUSINESS Q & A

Big Brothers Big Sisters

Big Brothers Big Sisters (BBBS), the volunteer-supported mentoring network, moved to their Las Colinas location on John Carpenter Freeway in 2007. The non-profit company focuses on partnering mentors with at-risk kids in order to improve confidence, attendance, grades, social acceptance, competence, behavior and parental trust. Big Brothers Big Sisters in Las Colinas/Irving serves all of North Texas and was the first to implement an online mentor curriculum.

The organization was founded in New York City under this concept: if a child just had an older sister or brother looking out for them, acting as a role model and mentoring them, they would not be self-destructive. The intent of BBBS is for the mentor and the child to build a friendship. As a result of a big brother or big sister, research says that children are more confident in academics and are able to get along better with their families. Little brothers and sisters will also be 46 percent less likely to begin using illegal drugs, 27 percent less likely to begin using alcohol and 52 percent less likely to skip school. Essentially, BBBS is a prevention program; statistically, 70 percent of at-risk youth will end up in prison and BBBS hopes to shatter this cycle.

BBBS is funded through a variety of sources including local fundraisers, state and federal grants, TEA grants, Health and Human Services, United Way and many individual contributors.

HOW IT WORKS:

At-risk kids are nominated by a parent or guardian; however, the school can also refer kids who could benefit from mentoring. Kids participating in the BBBS program might have an incarcerated parent, be from a low-income family or single parent household. However, kids can also be from middle class families or military families. Many of the kids have emotional issues, social problems and engage in risky behaviors. Anyone can refer a child for the BBBS program online at: <http://www.bbbs.org>.

WHAT IT IS NOT:

Babysitting, tutoring, disciplining or parenting.

WHAT IT IS:

The big brother or big sister acts as a friend, companion, and role model to his/her little brother/sister. The adult confidante is a non-judgmental listener who serves as a friend, teacher, guide, supporter and cheerleader.

WHO CAN MENTOR:

Anyone over the age of sixteen who passes background checks and interviews may mentor a child. The duration of mentoring lasts over the course of one year.

BBBS Chief Program Officer in Irving, Michael O'Teeter adds, "In order to volunteer, you don't have to be smart, rich or perfect." BBBS has more kids than big brothers/big sisters, so volunteers are desperately needed. You can apply online at: <http://www.bbbs.org>.

PROGRAMS BASED ON YOUR AVAILABILITY:

The Traditional Mentoring program can take place at either the school, a public place or the home of the child.

Non-traditional mentoring is a program where mentors primarily communicate with little brothers and little sisters through email exchanges.

Another program, primarily online, is Mentor 2.0. This program targets 9th-12th graders and seeks to help them with college preparation and career guidance.

Beyond School Walls is a corporate/workplace mentoring program that takes place typically during lunch and at your place of work. The program called Generations involves kids working with residents at retirement centers.

BBBS even has a faith-based program called, "Big Hope" that partners with churches who, in turn, recruit mentors. Lastly, Teen Big Initiative positions teens, 16 and up as the role of mentor. They are supervised by BBBS staff and the mentoring happens on campus.

FIRE STATISTICS

NFPA produces reports and statistics on the loss of life and property from fire.

1,345,500 TOTAL

(3.7% from 2014)

fires were reported during 2015 in the U.S.

RESULTING IN:

3,280 civilian fire deaths and
15,700 civilian fire injuries

\$14.3 billion in property



A fire department
responding to a fire every
23 seconds

- Unattended cooking was by far the leading factor in home cooking fires.
- Two-thirds of home cooking fires started when food or other cooking materials caught fire.
- Clothing was the item first ignited in less than one percent of these fires, but these incidents accounted for sixteen percent of the cooking fire deaths.
- Ranges accounted for the largest share (fifty-eight percent) of home cooking fire incidents. Ovens accounted for sixteen percent.
- Three of every five reported non-fatal home cooking fire injuries occurred when the victims tried to fight the fire themselves.
- Frying poses the greatest risk of fire.
- Thanksgiving and Christmas are the peak days for home cooking fires.

Source: National Fire Protection Association



NEW YEAR NEW YOU: PURE BARRE

Enthusiastic owner, Niki Claeys promises that Pure Barre is “the coolest workout that you will ever find!”

Pure Barre is a 55-minute total body workout with a consistent format of exercising that targets specific muscles and areas of the body. Unlike traditional workouts, it incorporates small precise isometric movements and the ballet barre to burn fat and sculpt muscles. This workout also produces results. Claeys recalls a client who has been coming over a month. Her measurements showed that she lost 3 inches from her midsection, 1 ½ inches off both arms and gained ½ inch of muscle in her thighs.

Each class begins with a warm up, sculpting arms, continues with toning thighs, working out the seat area, flattening abs and ending with a cool down. While the class format is consistent, the choreography and music change daily so attendees don't get bored.

Both male and females are welcome and “there is no level of fitness to take this class”, Niki says, “as long as you can hold the bar, you can take the class”.

“There is no level of fitness to take this class, as long as you can hold the bar, you can take the class..”
-Niki Claeys,
Owner of Pure Barre

Ana Medina, Regional Marketing Manager of Modern Market, says that “going to a gym and being on a treadmill just really didn't do anything for me and I didn't enjoy it”. In an effort to bounce back after having a baby, Ana sought out Pure Barre for strength training and results. It's been a month and a half and she is still a

devoted client. “The more important part is that you have to be consistent and disciplined”, Ana says, “You need to come as often as you can and... a lot of it is having a body mind connection.”

Results, even for the beginner of fitness levels, are possible with Pure Barre's innovated isometric workouts.

Classes are offered from 5:15am to 7:15pm daily to help clients get workouts in even when their schedules are busy. When you try out a class, bring your Grippie socks and get ready for the most efficient way of working out.

For more information, head to <http://purebarre.com/tx-lascolinas>, call 972-506-7252 (PBLC) or stop in to say “Hi” to Niki Claeys at the Las Colinas location, 6761 N. MacArthur Blvd., Suite 140.

OUR COMMUNITY

Be part of our newsletter and submit your story, photo or nomination via our Facebook page, Las Colinas Tex, or by emailing acline@lascolinas.org before the 10th of the following month in order to be considered for publication. Thank you for helping us make Spirit of Las Colinas representative of our community.



SPIRIT OF LAS COLINAS

3838 Teleport Blvd.
Irving, Texas 75039-4303

www.lascalinas.org
972-541-2345

NEW MEMBER PROFILE

MILLER AND WHITNEY ADAIR

Why did you choose to live in Las Colinas(over other areas)?

We both play golf and the opportunity to be next to the Four Seasons was a big factor. We enjoy being able to drive our golf cart over to the club and get out on the course quickly. In addition, I travel internationally two weeks a month for work and the proximity to DFW was a big factor.

What are your hobbies? What groups are you involved with?

We play golf together every weekend and spend a lot of time watching sports as we've got season tickets to the Rangers, Stars and Texas Tech football. Travel is also a big part of our lives. We make it a point to get to the Bahamas in the summer and to the mountains in the winter

while mixing in trips to Europe or Asia.

It's also not hard to convince us to find a nice patio and a cocktail.

Where did you move from? If moving from within Texas, How long have you been in Texas?

Whitney is from Southlake and I am from Lubbock so we've been native Texans all our lives. We moved to Las Colinas from Farmers Branch.

Favorite food?

Mexican food, by far!

What restaurants, stores, events or activities would you like to see here in Las Colinas?

We're excited about the new Whole Foods opening and love the access to multiple Chick Fila's. One place we'd love to see open is a Moe's Burritos. We ate there all the time in Addison!

